



Eco Summer Camp

– From wild consumption to responsible engagement –

Thursday, 25th August

12:00- 14:00		Arrival and Check-In
15:00		Get to know the place <i>Director of the Lassalle-Haus: Tobias Karcher</i>
15:30- 18:20	Welcome-Cocktail	Get to know each other <i>Moderator</i>
18:30- 19:30	Dinner	Vegan
20:15- 21:15	Official Welcome	Welcome speech <i>Valerio</i> Presentation of the program-partners, experts, and organisation team, as well as a short overview of the week, few rules of the house
21:15	Enjoy the evening	Socializing and getting to know each other

Friday, 26th August

7:15- 7:45	Start of the day	Mindfulness/Meditation <i>Ursula Popp</i>
7:45- 8:30	Breakfast	
8:45	Welcome and outlook of the day	<i>Moderator</i>
9:15- 12:00	Morning Session	“Nature is over” – global sustainability challenges <i>Dr. Sabin Bieri</i>
12:15- 13:15	Lunch	Vegan & Vegetarian



14:00-
15:00

Guided self-reflection (in small group)

15:00-
18:15

Practical Workshops

Three options:

- Walking through the forest, *with Kari Müller*
- An eco-social project "ZUWEBE" (organic garden)
- Sustainable cooking, *with Andreas-Christian Bossert*

18:30-
19:30

Dinner

Vegan

20:00-
21:15

Jazz-band and Socializing

Saturday 27th August

7:15-
7:45

Start of the day

Mindfulness/Meditation

Ursula Popp

7:45-
8:30

Breakfast

8:45

Welcome and
outlook of the day

Moderator

9:15-
12:00

Morning Session

New economic thinking

Prof. Gaël Giraud

12:15-
13:15

Lunch

Vegan & Vegetarian

14:00-
15:00

Guided self-reflection (in small group)

15:00-
18:15

Practical Workshops

Three options:

- Walking through the forest, *with Kari Müller*
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18:30-
19:30

Dinner

Vegan

19:45-
21:30

Panel discussion between *Sabin Bieri* and *Gaël Giraud*
moderated by Bernd Nilles, CEO of Fastenaktion



Sunday 28th August

7:15- 7:45	Start of the day	Mindfulness/Meditation <i>Ursula Popp</i>
8:45	Welcome and outlook of the day	<i>Moderator</i>
9:15- 16:00		Fasting hike
18:30- 19:30	Dinner	Vegan
20:00- 21:15		Fireside talk with <i>Bernd Nilles</i>

Monday 29th August

7:15- 7:45	Start of the day	Mindfulness/Meditation <i>Ursula Popp</i>
7:45- 8:15	Breakfast	
8:35	Departure by bus	Day excursion at the ZHAW Campus Grüental (Wädenswil)
8:45	Welcome and outlook of the day (in the bus)	<i>Moderator</i>
9:15- 12:00	Morning session	Excursion to Ecological Engineering Living Lab and pilot facilities: <i>different options</i>
12:15- 13:00	Lunch	<i>Eating in the canteen of the campus (vegan)</i>
13:15- 15:00	Afternoon session	<i>Four interactive outdoor excursions (choose two options):</i> <ul style="list-style-type: none">- «Grassland - how the land feeds us»- «Treasure below your feet»- «Vegetables - pleasure for all senses»- «Next stop future»



18:30-
19:30

Dinner

Vegan

20:00-
21:15

Cultural Evening

Tuesday, 30th August

7:15-
7:45

Start of the day

Mindfulness/Meditation
Ursula Popp

7:45-
8:30

Breakfast

8:45

Welcome and
outlook of the day

Moderator

9:15-
10:00

Morning Session

Cradle to Cradle NGO
Dr. Monika Griefahn

10:15-
11:00

Morning Session

**Senior Women for Climate Protection Switzerland sue
Switzerland before the European Court of Human Rights**
Pia Hollenstein

11:15-
12:00

Guided self-reflection (in small group)

12:15-
13:15

Lunch

Vegan & Vegetarian

13:30-
16:30

Excursion to V-Zug

16:30-
18:00

Free time in Zug (or in the Lake)

18:30-
19:30

Dinner

Vegan

20:00-
21:15

Fireside talk with *Dr. Monika Griefahn*



Wednesday 31st August

7:15- 7:45	Start of the day	Mindfulness/Meditation <i>Ursula Popp</i>
7:45- 8:30	Breakfast	
8:45	Welcome and outlook of the day	<i>Moderator</i>
9:15- 10:00	Morning Session	Fasting in 3D <i>Dr. Françoise Wilhelmi de Toledo – Buchinger Wilhelmi Clinic</i>
10:15- 11:00	Morning Session	The path to sustainable logistic enterprise <i>Max Schachinger</i>
11:15- 12:00		Guided self-reflection (in small group)
12:15- 13:15	Lunch	Vegan & Vegetarian
15:00- 17:00		Prepositive Self-reflection
17:00- 18:00		Our way forward <i>Moderator</i>
18:30- 19:30	Dinner	Vegan, with surprises
19:30- open end		Closing Party

Thursday 1st September

8:30- 10:30	Brunch	
10:45	Final Words and Goodbye	
12:00	Departure	Don't forget to give back your keys and your name badges 😊